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Hope Alive Treatment Program

- **Commitment-** Describes the whole process; deals with issues of trust, to obtain informed consent and get solemn commitments
- **Realize Mistreatment-** remember abuse, neglect, abortion in a controlled way, recognizing the damages, understand who played the parts of the tragic triangle and analyze family patterns, themes from early mistreatment, key conflicts and tracing triggers.
- **Change Anger And Withdrawal-** Train in assertion and learn how to deal with threats, danger and manipulation.
- **Deal With Guilt-** Assess and accept a portion of the contribution and responsibility for tragedies.
- **Facing Fear Or When To Run Away**
- **Remove False Faces-** discover, describe and discard false faces to rediscover the authentic self.
- **Pass Through Despair-** Recognize and mourn the loss of a reasonable childhood and family, and the person I should have become.
- **Grieve My Losses-** Humanize and name the children of pregnancy losses, welcome them into the family, watch them die and commit their spirits to God
- **Reconciliation-** Forgive and be forgiven by self, perpetrators, observers, victims and God.
- **Reconsider Relationships-** redefine self, learn ways to establish realistic expectation of others.
- **Rehabilitation and Rejoicing-** Learn to love by creating projects to prevent abuse neglect and abortion and finding ways to celebrate life.
- **Future and Beyond-** Making hard decisions and practical rearrangements in life to create order and direction, parting and individual blessings.
- **Good goodbyes**